

How to create a Patient Portal Account

1. Call us or ask the office front desk staff to send you a patient portal invite email.

You will not be able to create a portal account without this invite email.

2. Check your email for the patient portal registration email.

Please check you spam/junk mailbox as well. Look for the **click here** link.

Complete Your Synovation Medical Group Patient Portal Registration

 FollowMyHealth <noreply@followmyhealth.com>
2/23/2021 9:25 AM



To:



Dear Test,

In order to start the registration process and get connected to your medical information, follow these 3 steps when you click the registration link below:

- 1) **Click Sign Up and Connect.** If you already have a portal account and want to connect with an additional provider, click Sign in and add this connection (skip to step 3).
- 2) **Create a username** for your portal account. By default, this will be your email address. Next, create a password following the criteria noted on the right of the screen. Confirm your password to continue.
- 3) **Connect your account.** Follow the on-screen prompts to complete your account connection. These screens include accepting our Terms of Service, entering your Invite Code [the last four digits of your social security number/year of birth] and accepting the release of information.

You will then be ready to access and manage all of your personal health information in one secure location **24 hours a day / 7 days a week** with any computer, smartphone or tablet!

And don't forget: with our portal you can communicate with your physicians via secure messaging ...save time by scheduling appointments online...view your test and lab results the moment they're available...refill prescriptions and so much more!

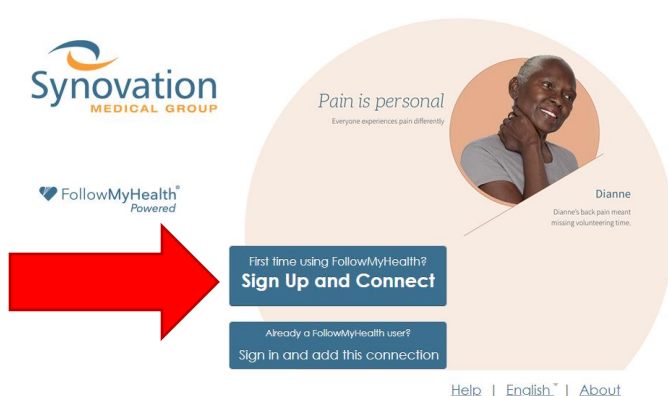
[Click here](#)

Sincerely,
Synovation Medical Group

[Please click here to opt out.](#)

3. **New Follow My Health Portal Patients:** Click on the sign up and connect button

Existing Follow My Health Portal Patients from another medical group: Click on the sign in and add this connection button



4. The requirements on the right side will turn green once the requirements are met

Create Password

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- ✓ Must be at least 8 characters
- ✓ Must contain at least one number
- ✓ Must contain at least one special character.
For example: !@#\$%^&*()-
- ✓ Passwords must match

[« Back](#) [Confirm and Continue](#)

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5. Your invite code is your birth year ex. 1946, type in your birthyear.

Connect your account

Step 3: Enter Invite Code

The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider it will most likely be either the last four digits of your social security number, year of birth (yyyy), or full date of birth (mmd/yyyy). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the last four digits of his/her social security number or year of birth (unless you were given a specific invite code from the provider for that patient).


For more information, please refer to the invitation email you received from noreply@followmyhealth.com or contact your provider.

[Next](#)

6. Follow the rest of the steps. After step 5 is complete, you will be directed to the patient portal homepage.

Connect your account

Step 5: Upload Health Record



Retrieving Providers...