



*Explore
your options.*

Discover Many Ways to Manage Your Pain

Pain is personal. So, what's the right treatment for you?

Everyone experiences pain differently. That's why we listen carefully to your needs and learn about your lifestyle before we recommend a treatment plan. Whether aquatic therapy, injections, meditation, or other techniques, you'll get a customized combination of treatment approaches for your body and mind to reduce your pain. As your partner, our goal is get you back to doing the things you want to be doing.

At Synovation, we take a different approach to pain management — one that puts your needs in the center. Bring an open mind and reduce your pain.

*Open yourself
to a range of
pain management
options.*



Take an active role in managing your pain.

No one wants to live with pain, whether it is recent and acute, or chronic. Your goal is get on with your life. Our goal is to help you do so. We are your allies, here to help you understand and address the physical and mental issues that may hinder the enjoyment of a full life.

AN INTEGRATED APPROACH TO PAIN MANAGEMENT

Our team is dedicated to helping you hurt less and live more while decreasing your dependency on medication. Regardless of what's prompting your pain — from acute physical injuries to chronic debilitating conditions, we'll work with you to identify the right treatment plan that addresses the causes of your pain.

Our collaborative approach is what makes us different. At Synovation, physicians work alongside psychologists and physical therapists help you manage your mind, empower your spirit, and restore your body.

Our programs are based on scientifically proven methods and have achieved positive outcomes over the past 30 years. We combine different treatment techniques designed to support you while fostering accountability and results.

> Meet our patients Dianne, Terry, and Ken, and see the types of treatment plans they used and results they have achieved.



Terry

PAIN

Shoulder and lower back pain from a fall

GOAL

Return to active lifestyle with his wife

TREATMENT PLAN

Functional Restoration Program (FRP)

- Exercise
- Body Mechanics
- Nutrition



My treatment included physical therapy, exercise, great group camaraderie, and health education about fitness and nutrition. I'm at my high school weight, and in perhaps the best health I've ever been in!"

Dianne

PAIN

Back and hip pain from slipped discs

GOAL

Continue her work in education

TREATMENT PLAN

Functional Restoration Program (FRP)

- Mindfulness
- Mind-Body Connection
- Will Power

Ken

PAIN

Nerve damage from surgeries

GOAL

Get back to work

TREATMENT PLAN

Spinal Cord Stimulation (DRG Stimulator)

Productivity Enhancement Program (PEP)



I felt like a zombie for 7 years! Now my mental clarity is back to normal. Synovation took my entire health history into account, and I feel so much better now than I have in a long time."

What to expect on your visit.

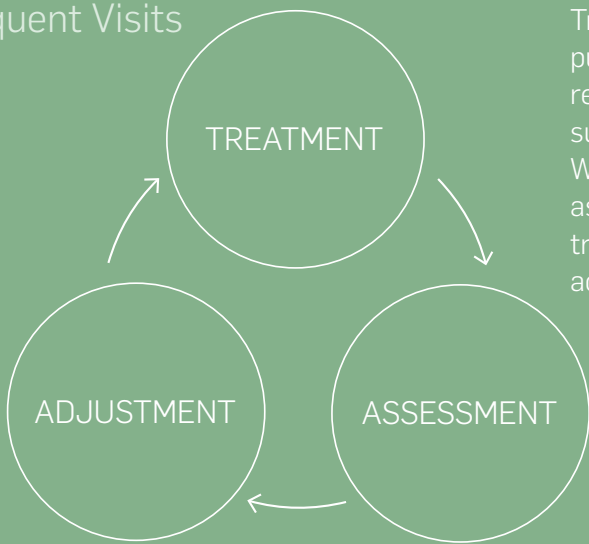
Living with pain is not fun. We get it. We aim to make your interactions with us positive experiences. That's why we listen to your pain story first, and assess your challenges and abilities. Only then can we determine what treatments are best. Join us, with an open mind and ready to participate in managing your pain. We're looking forward to being your partners.

First Visit



We'll assess your situation and listen to your needs. We'll then recommend a treatment plan that works with your lifestyle.

Subsequent Visits



Treatment is all about putting you in charge of reducing your pain and supporting your goals. We'll continually assess and adjust your treatment to help you achieve the best outcomes.



Take back your life!

Have questions?

Visit our website at SynovationMedicalGroup.com or call 1-800-80-REHAB to speak with someone who can help.



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